

Timing by Sport

The tables below provides some general guidelines by sport; however, it is essential to speak early with your coach and Herbst Academic Coordinator to determine the most appropriate time(s) for you. Please also review important footnotes at the end of this resource.

Sport	Fall Sem	Winter Break	Spring Sem	May term	Summer*	Spring Senior Yr.
Women's Sports						
Basketball				Y	M	
Cross Country					Y	M
Golf		Y		M	Y	
Lacrosse				M	Y	
Skiing	M			Y	M	
Soccer		M		Y	Y	Y
Tennis		M		M	Y	
Track					Y	
Volleyball		M		Y	M	Y

Sport	Fall Sem	Winter Break	Spring Sem	May Term	Summer*	Spring Senior Yr.
Men's Sports						
Basketball				Y	M	
Cross Country					Y	M
Football				Y	M	Y
Golf		Y			Y	
Skiing				Y	M	
Tennis				M	Y	
Track					Y	

Key:

Y - Times generally work for students

M - Times that are less than optimal but might work after speaking with a Herbst Academic Coordinator

Blank - Times that most student athletes should not consider except possibly during a redshirt year

Footnotes:

* For many sports summer suitability depends on length of program and which months. Consult with your Herbst Academic Coordinator and coach early when planning a study abroad experience.

** Some of the times listed in the above charts will only work if you are able to find sufficient facilities to train while you are abroad; consult early with your coach.

*** If you plan to use your scholarship or financial aid to study abroad consult with your Herbst Academic Coordinator and the Scholarship Coordinator in the Compliance Office about its applicability.

**** Transcript-processing timelines vary by program. Prior to applying for your selected program/term, consult with your CU-Boulder Study Abroad Program Manager to ensure that transcripts will be received in time to meet NCAA deadlines for the next period/term of competition. A small percentage of study abroad programs will not meet the NCAA deadlines.